# LAM GOLD

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## JEANNETH BARRETO

"THE HARDEST WHEN YOU ARE WITH A SAME SEX COUPLE IS THE DISCRIMINATION THAT YOU RECEIVE BY THE SOCIETY AND THE PREJUDICES"

Photo: Mauricio Hilb

WORKSHOP PHOTOGRAPH IN MADRID - SPAIN WITH OSCAR GRAU & ALFONSO BUSTOS

SEX MASTURBATION, THAT DELICIOUS SEXUAL INCENTIVE!

SPECIAL NOÉLIA ARTIGAS ANGELINA VERGARA NADIA ESPAÑA BOGDANA TERMITSKAYA

EXCLUSIVE LADY NORIEGA

Colombia/Panama/Spain/USA -EDITION 10 DECEMBER/16

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Colombia/España/USA/Panama - EDITION 01082015

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Una belleza muy española

TRIBUTO A

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"Más Corazón Profundo Tour"

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"ONE WORLD TOUR"

un producto de la casa editorial LATIN AMERICAN MODEL - dirección general MICHELLE HUESTIK - dirección de fotografía PEDRO RODRIGUEZ GONZALEZ

# MEN'S LAM

MAGAZINE

CASA EDITORIAL

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# ESTACIÓN ZOMBIE

TRAIN TO BUSAN

NEXT ENTERTAINMENT WORLD PRESENTS A REDPETER FILM PRODUCTION A YEON SANG-HO FILM

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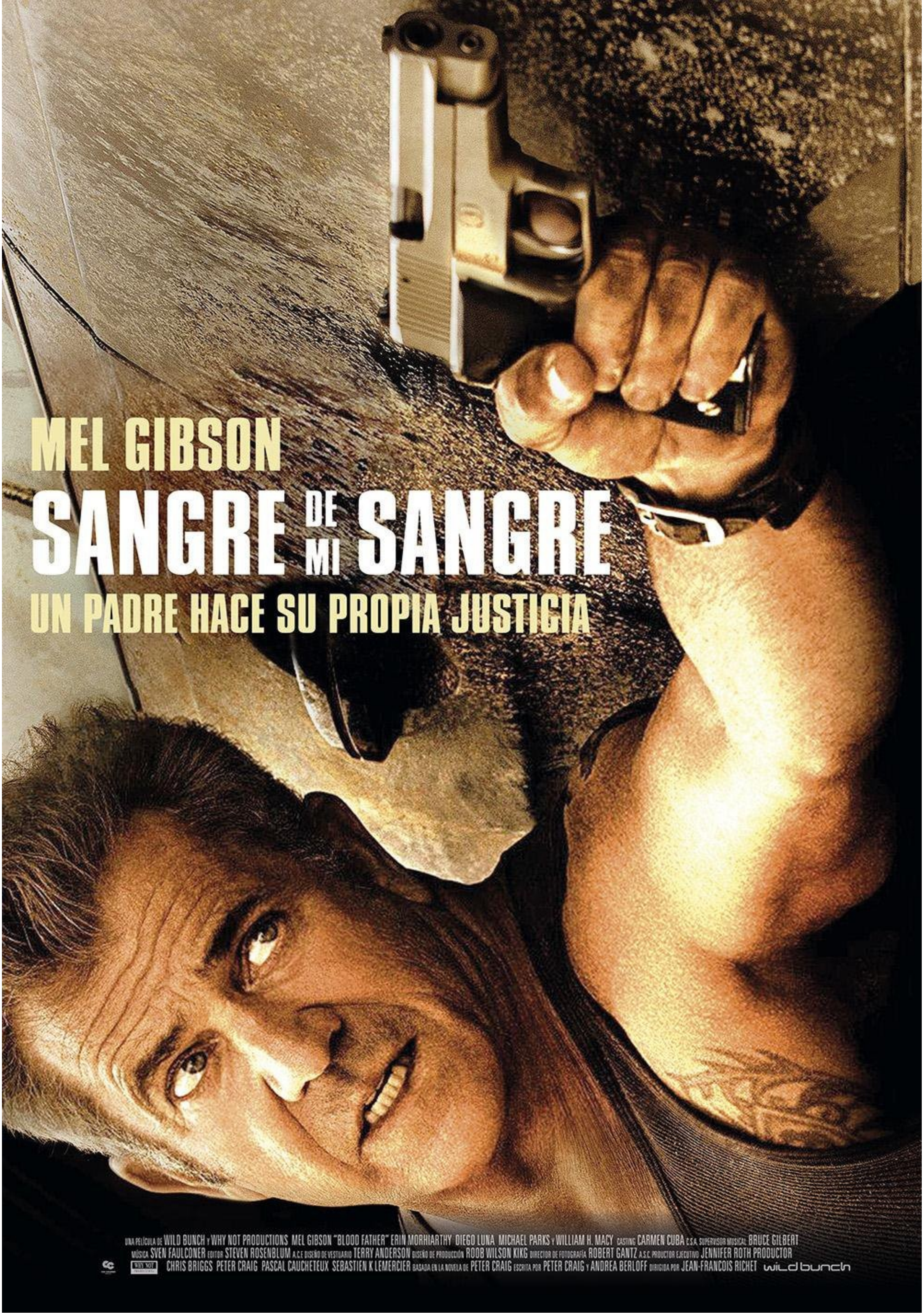
REDPETER Films NEW CONTENTS PANDA


MEL GIBSON
SANGRE DE MI SANGRE
UN PADRE HACE SU PROPIA JUSTICIA
UNA PELÍCULA DE WILD BUNCH Y WHY NOT PRODUCTIONS MEL GIBSON "BLOOD FATHER" ERIN MORHIARTHY DIEGO LUNA MICHAEL PARKS Y WILLIAM H. MACY CASTING CARMEN CUBA C.S.A. SUPERVISOR MUSICAL BRUCE GILBERT
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wild bunch

# LAM GOLD

## MAGAZINE

CASA EDITORIAL

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# LAM GOLD


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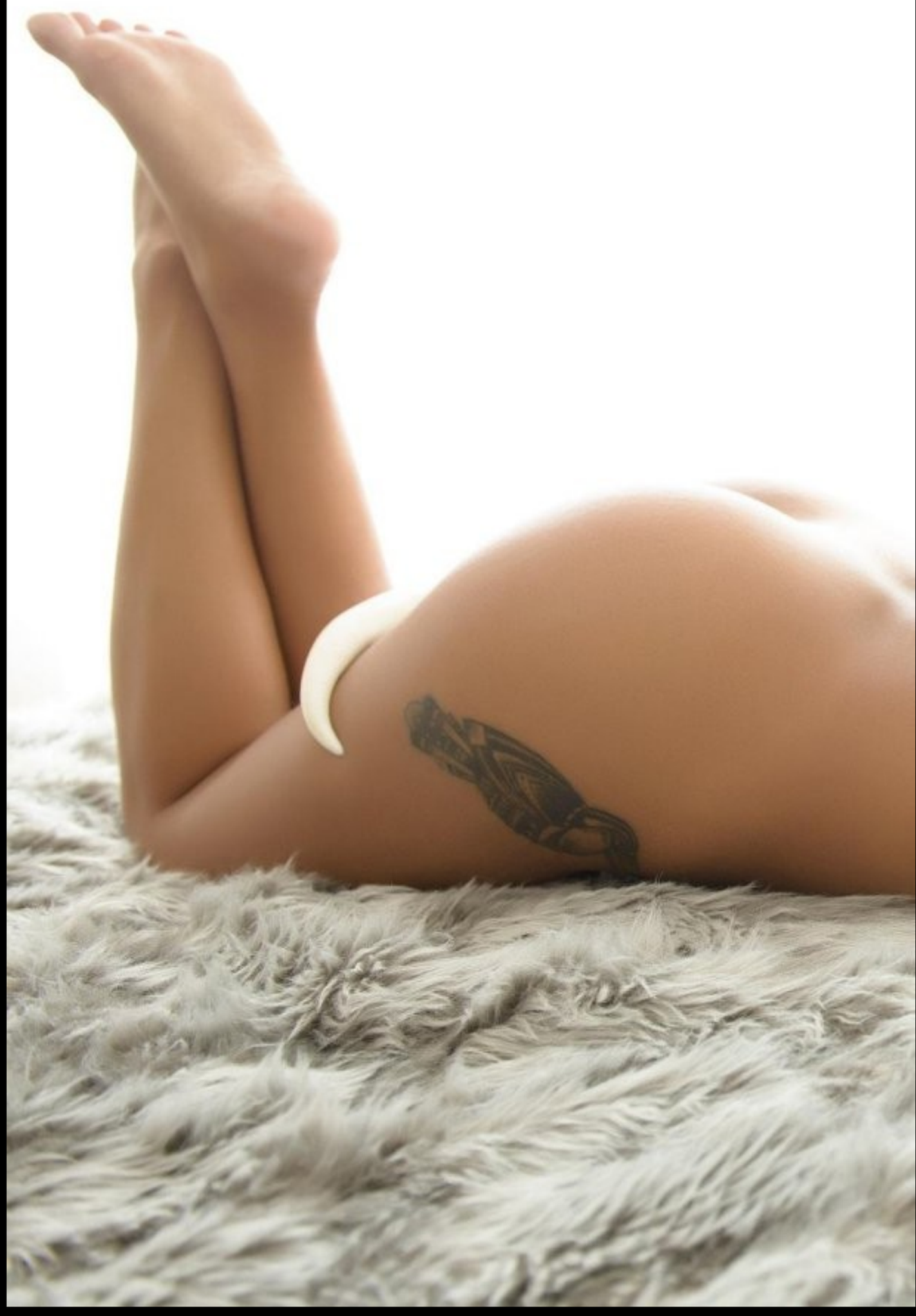

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# PHOTOGRAPHER

DIRECTOR OF PHOTOGRAPHY
LATIN AMERICAN MODEL
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# OSCAR

## GRAU

# Diana Sokolova

**By: Oscar Grau**

Today we have with us the beautiful Ukrainian model, Diana Sokolova. A beauty that does not leave indifferent. But we want to know something about you...

***What are your measurements?***
1,75 m tall.
88-62-92

***How do you define yourself?***
I am simple girl, daughter of a humble family, model, friend of my friends.

***How did you get started in this world?***
It was always my dream, I studied in a model school, I am from a small town, and when I went to live in Kiev, there I discovered many opportunities; I lost 10 kilos, and adapted my figure to be able to succeed in this world.

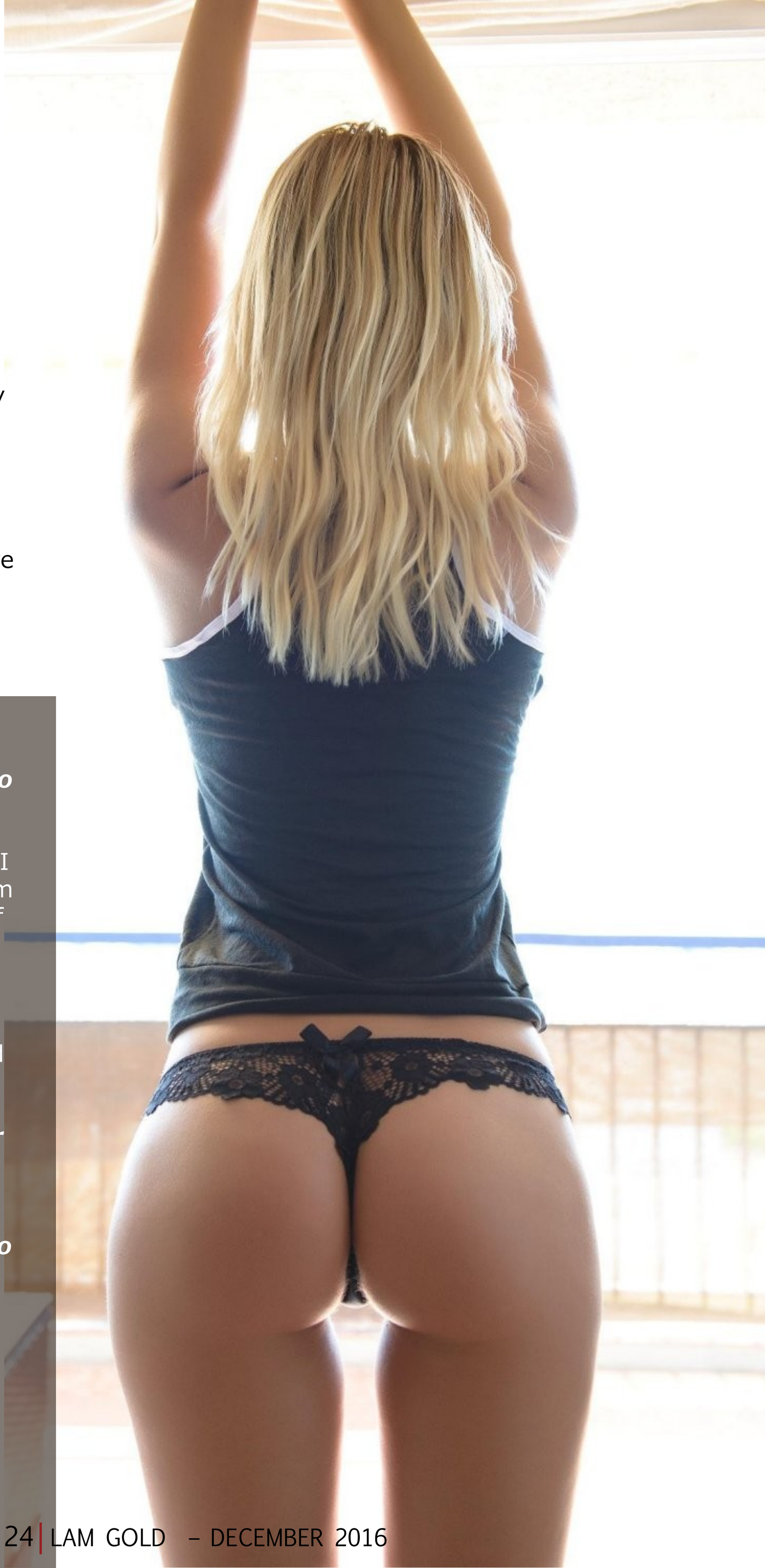
***Mainly you do nude photography. Do you feel the most comfortable with that or do you prefer some other type?***
Inside the nude, I like and am prepared for the artistic nude, but I also like other styles. Of course, I'm more comfortable naked in front of the camera.

***What is your best virtue?***
Kindness, I like to help those who need it. I help a group of orphaned children in Ukraine. In addition to helping my family financially.

***What can not be missing in your closet?***
Lingerie without a doubt. I am passionate about it.

***Panty or thong? What lingerie do you prefer?***
Thong I feel better with it.

***How would be your perfect romantic evening?***
A fish dinner in a nice restaurant with good white wine, candles, good music with my beloved man



***And what kind of men do you like?***
30-35 years, short hair, smart, economically well-off, strong character and who knows what he wants in life, who loves me and is a good lover.

***What are your weapons to seduce him?***
With my energy and intelligence. Well, the curves also help.

***Do you have a partner?***
Currently no.
***You have many virtues, but any defect you may have...***
I'm very closed and sometimes I do not show my feelings.

***What part of your body do you feel the most proud about?***
My ass and I work hard to keep it pretty.

***We want to know how can we conquer a precious woman like you?***
A man who understands me, and appreciates me and sees beyond my obvious physical qualities.

***In love, how do you define yourself?***
When I love someone I would like to shout to the world that I love him, share good times with him, simple things like a hot tea near the fireplace.

***And in bed?***
I like to dominate and control the situation.
***Which is the part of your body that gets you from 0 to 100 with just one touch?***
In order clítoris, nipples, and back.
***Undress yourself or get undressed?***
Get undressed.

***Any fantasy or dream left to accomplish?***
Become a mother, visit the USA.

***What are your plans for the future?***
Open my own business related to the world of modeling, have children, a nice house and travel the world with my work.

# SONIA SANTACRUZ

**BY: ALFONSO BUSTOS**

***Talk to us about yourself. How do you define yourself?***
I would define myself as a nice, responsible, romantic, affectionate and dreamy girl.

***What are your measurements?***
My measurements are 93-64-92

***What kind of photography do you feel most comfortable with?***
I feel comfortable with any type of photography, since being in front of the camera makes me feel more confident of myself.
Although if I had to stay with a style, I would stick with the 'beauty', I love it.

***How did you get started in this world?***
To be honest, I've been posing all my life. My father is a photographer, so he always took a lot of photos of me. Since I was a little girl, I was already showing signs, I loved being in front of the camera!

***What is your best virtue?***
My best virtue can sometimes become my worst flaw. I am very self-demanding with myself. I always want to do everything in the best way possible. Sometimes I can not, and that frustrates me.

***What do you always carry in your purse?***
I always carry a huge bag full of things. But what you can never miss is the mobile phone, the wallet, the eyeliner and the lipstick.

***What can not be missing in your closet?***
Tight jeans, I love them!

**How would be your perfect romantic evening?**
Go to the theater, dine at an Italian or Japanese, have a cocktail at some quiet pub and end the evening surrounded by candles and rose petals in a hotel jacuzzi with beautiful views.

**And what kind of men do you like?**
Physically, I like tall, dark-haired men with a beard and a nice smile. Personally, I like mature men, sincere, affectionate and that pays attention to details.

**Do you look only the physical o do you look for something more in a man?**
In a man I look for a brain and a heart, it is the main thing. And if it is accompanied by a good physique, I am enchanted.

**What's your ideal type of man?**
Looking only at the physical, it would be one of the style of Rodrigo Guirao, Patrick Dempsey, Andrés Velencoso, Hugo Silva.

**And what are your weapons to seduce him?**
I only believe in a weapon of seduction: to be oneself. The rest will always have an expiration date.

**You have many virtues, but any defect?**
Although I do not like to admit it, I'm pretty jealous and controlling.

**What part of your body do you feel the most proud about?**
Although there are many people who like my eyes, I like my mouth: my lips and my smile.

**Have you ever felt uncomfortable with a compliment or situation?**
Of course. I feel very uncomfortable when the older men look at me and say dirty words to me... I have not seen any older women do that to young boys.

***We want to know, how can we conquer a precious woman like you?***

I think I'm pretty complicated to conquer. I like romantic and thoughtful men, but without being cloying; I like when they are watching out and worrying for me, but without overwhelming me... And a huge list of requirements that would be endless, because I always want more and better.

***In love, how do you define yourself?***

I consider myself very romantic, affectionate and passionate. This sometimes leads me to disappointments and displeasure because I always expect them to do for me what I would do and this is not usually the case.

***Which is the part of your body that gets you from 0 to 100?***

The neck, without a doubt.

**Do you like to take the reins on a relationship?**

Of course. The truth is that I'm very bossy and I like to control everything and that I'm always given me the reason.

**And in bed?**

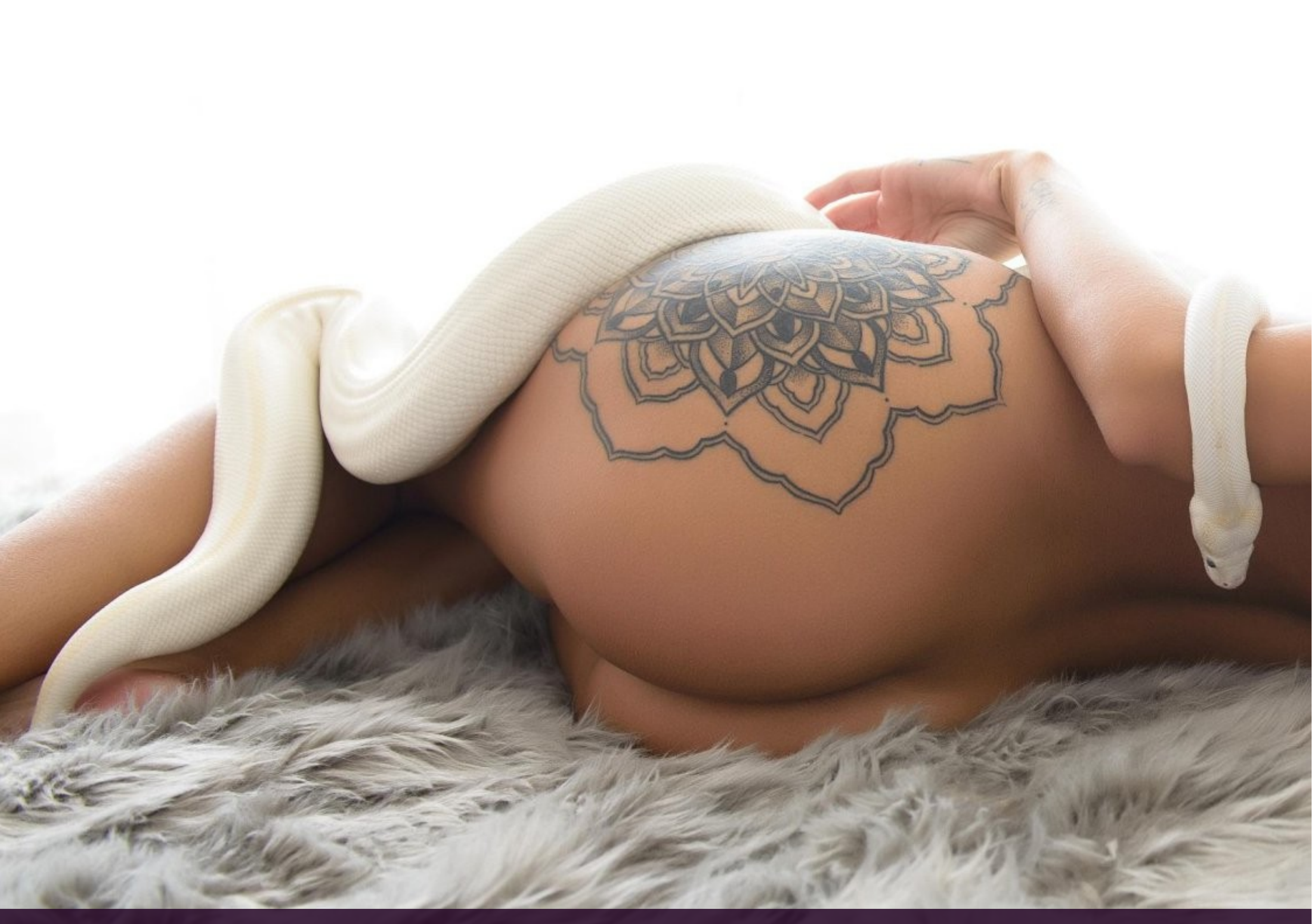
It depends on the day, but yes, I like it too. I think they are roles that must be interchangeable.

**Undress yourself or get undressed?**

If he is not very clumsy, he undresses me. When I wear stockings or something delicate, I prefer to do it myself.

***Any fantasy left to accomplish?***
So many. Above all, related to traveling. I want to go to so many places, that I am afraid of not living long enough to make it possible!

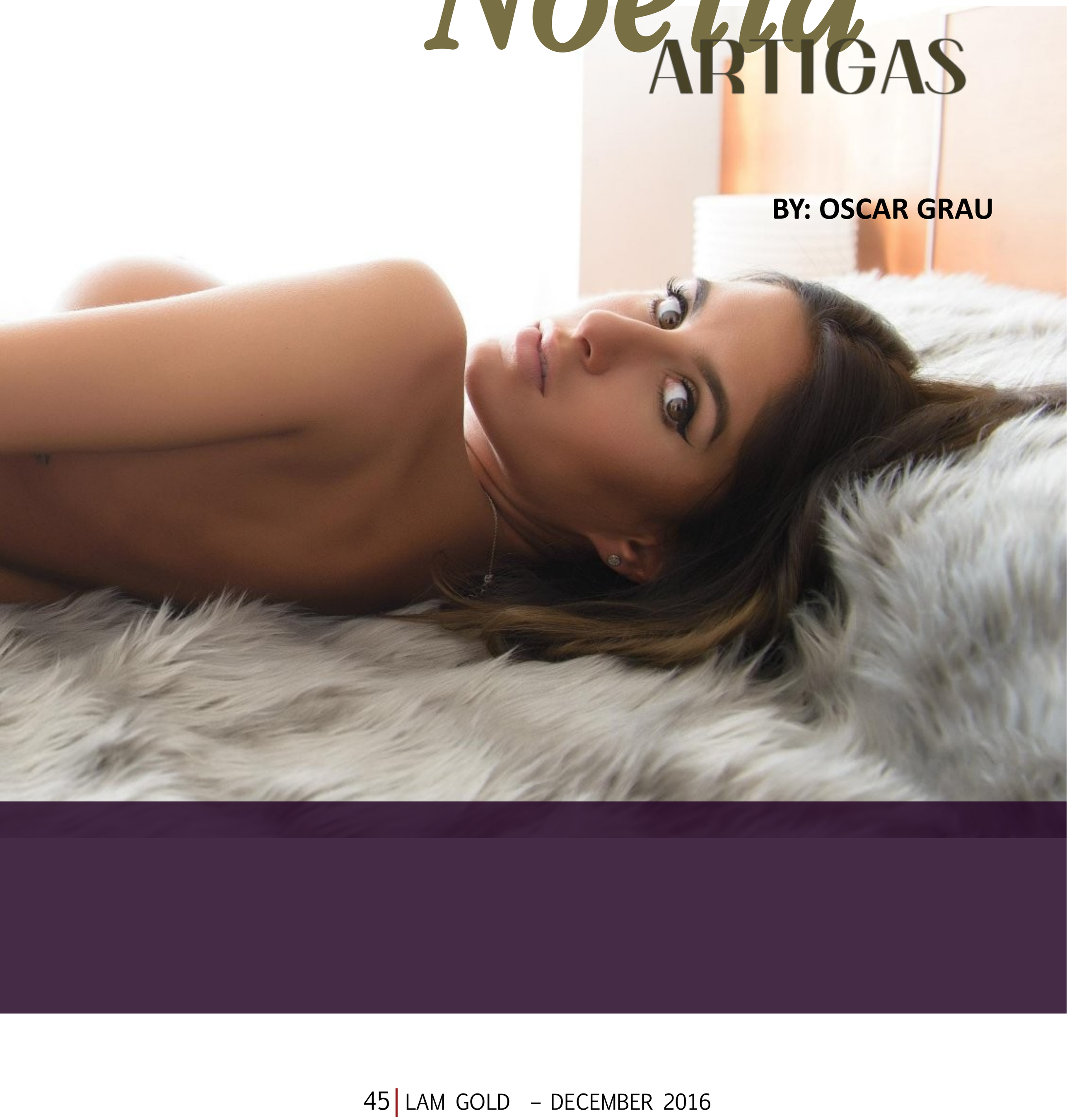
***What are your plans for the future?***
To live in different countries and end up installing myself in some city that I like and to have a stable work that makes me happy. If I find my ideal partner, I would like to get married and start a family.



# *Noélia*

## ARTIGAS

**BY: OSCAR GRAU**



***Noelia Artigas, a catalan model of great beauty and we want to know more about her. Talk to us about yourself. How do you define yourself?***
I'm like a child that always loves to play table games, video games, fight with my couple. I'm kind, respectful, no at all gossipy, nice, with personality, very confident, sometimes cold and desinterested.

***What do you currently do?***
I'm a profesional makeup artist.

***What are your measurements?***
89-60-90

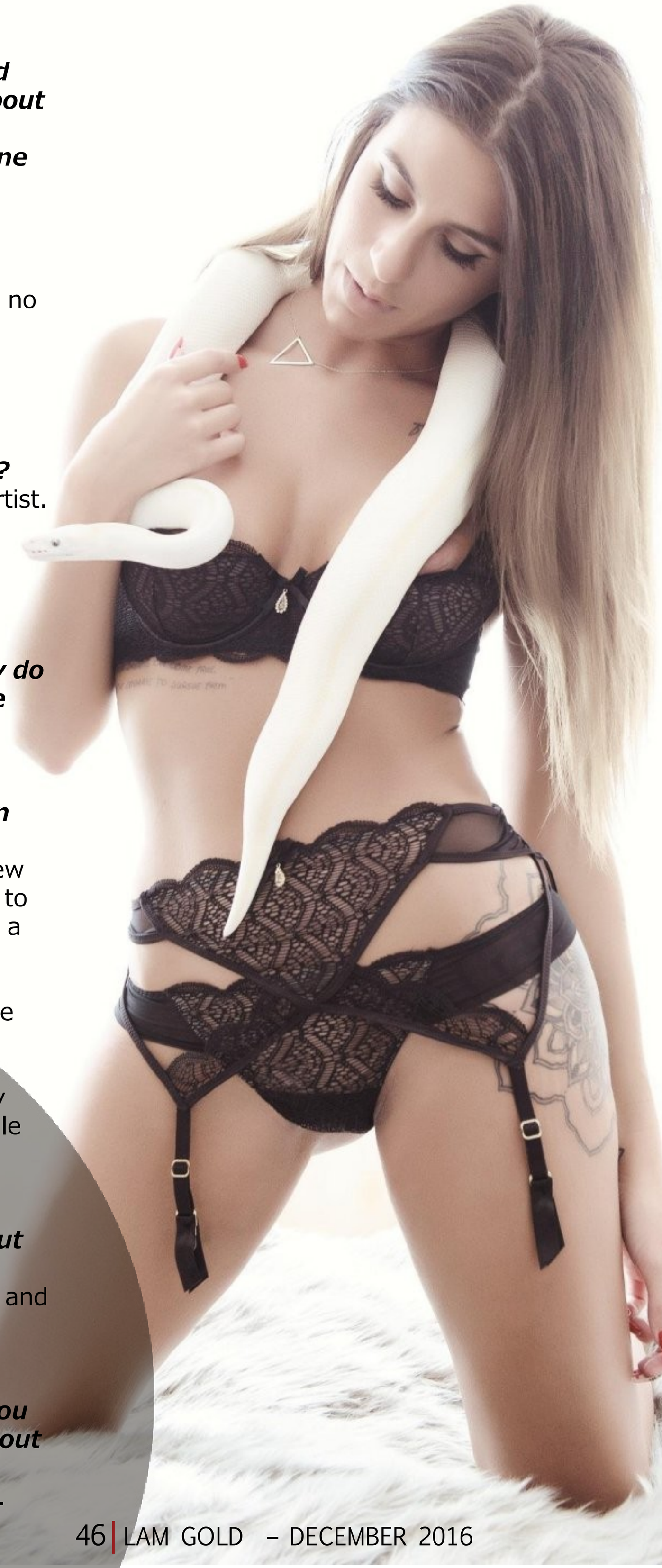
***What kind of photography do you feel most comfortable with?***
Nude or lingerie.

***How did you get started in this world of modeling?***
Thanks to my partner, I knew him as a model and he said to me: Why don't you apply in a model agency since you are pretty and attractive?
That's why I started with the model topic.

***What is your best virtue?***
The best virtue... My energy and I always have a big smile and I'm predisposed to be generous with everyone.

***You have many virtues, but any defect?***
I'm a little grumpy (laughs) and I love to complain about everything.

***What is the thing which you can't go out of home without it?***
My lipgloss and my eyeliner.



***How would be your perfect romantic evening?***
This question can have a lot of answers. My perfect romantic night would be go to dinner in a italian restaurant with my partner, walk a bit by the little streets of Barcelona (that is something that I love, losing myself by those old streets with low light) and when we arrive home, enjoy the intimacy with my partner, that would be my romantic night.

***And what kind of men do you like?***
I like men with charisma, playful who loves to spend time to my nonsense, with character, who doesn't smoke, with an open mind, I look for many things in a man.

***Do you look only the physical o do you look for something more in a man?***
The truth is that I never looked to the physical, I'm more sentimental, but with this last man I gave myself a whim.

***And what are your weapons to seduce him?***
My words, I have a gift, talking is what the guys are attracted for and my eyes.

***What part of your body do you feel the most proud about?***
My belly is what I most like to work out.
***We want to know... How can we conquer a beauty like you?***
The truth, you should make me laugh a lot, that makes me happy, and you should give me a lot of love that's what conquer me of a man.

***Tell us some secret that you have and can tell us about it.***
Secret... Even if I'm 25 years old I love all about Disney, I can't stand one week without watching a Disney movie.

***In love, how do you define yourself?***
I'm a little disastrous in love, the truth is, sometimes I can be a little cold or distant··· but if he really loves me and gives me love, I give all of me, so I can say that I'm loving, playful, I'm a girl without evil who adores to feel loved.

***Do you like to take the reins on a relationship?***
The truth is that I don't like to take the reins on a relationship, I like a 50-50 or him taking the reins. I let myself go.
***And in bed?***
Mmmm in bed is exactly the same as the relationship, sometimes him sometimes me.
***Undress yourself or get undressed?***
Get undressed, is something so sensual and pleasing for them to do it.

**What do you expect of the future?**
I am living the present, but I can say that I would love to set up my business outside of Spain, to have my peace of mind and be much happier than I am now.

# COVER

By: MAURICIO HILB

# JEANNETH BARRETO

# PHOTOGRAPHER

DI - PUPPE

# MAURICIO HILB

She is a Colombian, graduated in Social Studies from the National Pedagogical University, a public institution where Jeanneth reinforced her knowledge of history, politics and economics, which made her develop a critical social thought and against injustice. She began to profile herself as a model thanks to a great friend who constantly insisted on entering the world of modeling and the media, thanks to her almost perfect measures 93,63,99 also represented at events several brands from different sectors of industry and commerce.

***What is your favorite drink?***
My favorite drink is tequila with lots and lots of lemon and salt and for a day after some hard work a cold golden beer.

***Do you like men that are hairy or hairless?***
The truth, I don't really like hairy men, I prefer them to be well shaved and specially on their more noble parts (laughs).

***Do you like to be conquered or for you to conquer?***
It depends, because if is a woman I like to conquer her and if it is a man I love that they treat me like a princess and they spoil me in everything and that they are very creative that propose and don't ask nonsense.

***You mean, do you like women?***
Yes I love them, but that does not mean that I do not like men, although in tastes now I am more demanding with the opposite sex than with women who for me are beautiful inside and out.

***How is an ideal woman and man for you?***
Well physically I love thin women no matter if they are feminine or not, have a nice face and are very intelligent, in men I like them not so skinny more of a normal build and that do not suffer from going to the gym or of vigorexia, that they are hard workers, nothing stingy and that they are sincere or direct!
And the ideal for me that I am bisexual is to find a person who loves me, wants me, respects me, is my best friend and is faithful to me forever, that is my ideal really!

***Have you been unfaithful?***
Sure, but only when they deserve it.

***What are the benefits of being bisexual?***
As the old saying goes: "who eats everything does not die of hunger" (laughs) Also don’t set so much in is man or woman but in what is the person really, in knowing the most intimate sphere of both sexes; Men are more practical but women are more complex and even a little complicated.

***Could you tell our readers a tip to conquer a woman?***
I think that the most important thing that men should take into account when conquering a woman is "security", to believe in themselves and to leave prejudices or fears aside, since women like strong men and that may grant some protection, may be something animal or biological, but for me is the main thing!

***What shouldn’t men do when conquering?***
Be arrogant, liars or stingy. No woman likes a man who tramples on other people and who is counting every penny he has and I also think that now men confused the "female liberation" with to stop being gentlemen.

***Do you like to be up or down?***
Both (laughs) depends on the energy I have on that day.
What do you think about ***sexual toys?***
Hmmm they aren't really necessary but bring some spice to relationship and diversity.
***Do you use toys?***
(Laughs) Yes, of course, but specially they are used on me.
***What excites you?***
I get excited when I get kissed on the neck like behind ears, when they grab my ass harder and when they tell me things on my ear.

***If someone propose you to do pornography, would you do it?***
Mmmm tough question, in spite of my beliefs and being catholic I consider myself as a liberal and I received some proposals at the moment, but none serious, so the day when I receive a proposal that attracts me and I think is worth, I will think it very well, for now I don't say a definitly no but neither a yes!

***And changing topic, what is your favorite food?***
Well, I love to eat everything, but I prefer shrimp cocktail, pizza, lasagna and red meat.
What parts of your body do you like?
I like my breast and my thorax ahh and some moles that I have around.

***How do you keep fit?***
Hmmm the truth is I'm not very cautelous, but I try to track my weight and when I gain some weight I try to eat healthy and make exercise.
But I don't stop to eat, first health than beauty!!! And thanks god that in Latin America the more curves the better!

***What is the hardest thing about being bisexual?***
The hardest when you are with a same sex couple is the discrimination that you receive by the society and the prejudices, would be good a tougher policy for this!
And about being bisexual, is that the people think you are a promiscuous person or unfaithful and that's not true!

# COVER

*By: Carlos Eduardo Esguerra*

# ANGELINA *Vergara*

Angelina Vergara, 26, Caleña, who since a few years has moved to Bogota, where she has gradually formed her professional career in the modeling world for different advertising campaigns and fairs: both in Colombia and abroad.

Model with lots of energy that strives to keep a positive attitude during all of her events; this being the biggest asset to anyone in this industry.
A unique look that stands out from the crowd, but can adapt to different moods and styles.
Positive attitude, which shows security in her work but also the humility what makes her a great person.
Her face has been recognized as the most suitable for the modeling of eyeglasses of internationally recognized fashion brands such as: Tom Ford, Roberto Cavalli, Swarovski, Mont Blanc, among others. Her face and versatile presence have been recognized by distribution and advertising companies with which she has carried out his work in recent years.

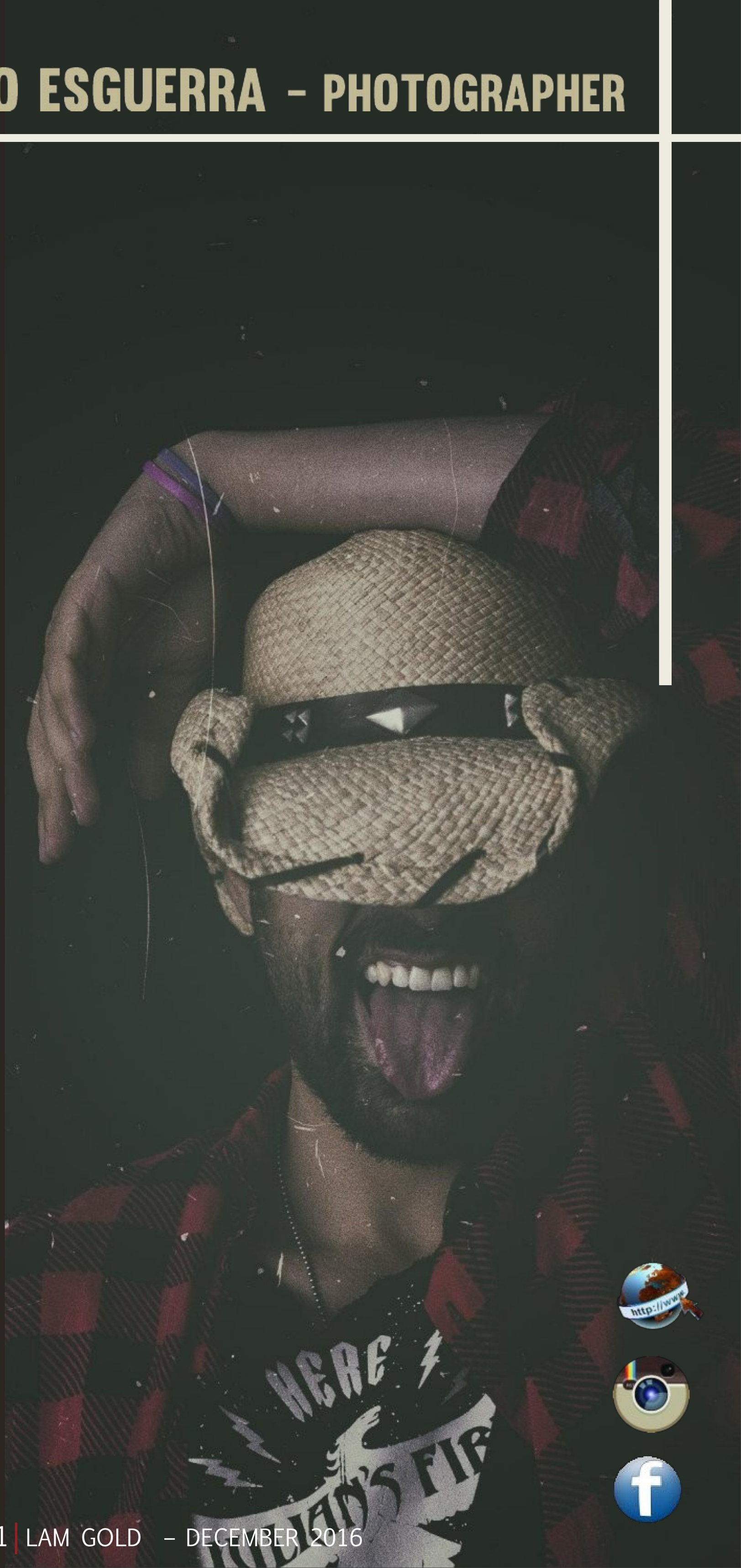
What she enjoys the most about being a model is the possibility of being able to travel to unthought places, to know other cultures. Very fond of fashion in all its aspects (fashion shows, makeup, clothing and footwear designs, public relations, image). Also fond of audiovisual media and photography. This year has been very important for her professional career taking part to series recognized in both Latin America and the United States: Narcos and La Viuda Negra.

# CARLOS EDUARDO ESGUERRA - PHOTOGRAPHER

"I'm a model 77, I was born in the city of Bogota and I'm almost 40. I studied advertising at the University of Bogotá Jorge Tadeo Lozano and worked as a creative in big advertising agencies like Y & R and Ogilvy & Mather. I currently have my own company, an Advertising Agency.
I'm a rock lover, I love: Kiss, Alice Cooper, Ozzy Osbourne, Judas Priest, Mötley Crüe and Marilyn Manson among others.

**How did everything start with photography?**
It was by pure chance. I did a photographic work for a rock band and that's where it all started. I was very happy to do photography, although I was not very clear in what field I wanted to specialize.
At the end of the year 2014 I was in a provocative photography workshop with Alex Mejía. Alex opened my mind and my eyes. Now is eroticism and sensuality what I like to do.
Maybe I'm a sinner - (laughs) - my images are loaded with sensuality and eroticism. I'm working on it.

I'm shy, but when I'm behind the camera I reflect my personality in every photo I take. I am perfecting my own style, my own writing. Photographers I admire: Mario Testino, Bruno Bisang and James Rusell. Colombian photographers, I love the work of Pizarro, Felipe Bohórquez, Esteban Escobar, I hope to someday learn something from them, as I learned from Alex Mejia."



Music videos for different artists.
Mother, lover of sport and healthy life.
She gets up very early every day because as a mom and as a model she has a very hectic day. In the mornings some days she goes to the gym and other days to English classes, and in the afternoon if she has castings she does that or she shares with her children and then at night she reads and studies English.

In the near future she wants to finish her studies, which is something very important for the development of anyone. She is very fond of acting, presentation, everything related to audiovisual media. She also has the blood of an entrepreneur and with the contacts and relationships she has met through modeling she is building her own company.

She currently lives between Miami and Colombia. Worked at Fila Caracol and Glamor Girl.

***Talk to us about yourself. How do you define yourself?***
Extroverted, dreamy, passionate, with social sense, flirtatious.

***What are your measurements?***
90, 64, 95

***What kind of photography do you feel most comfortable with?***
Sport because it expresses my personality being a lover of sport and artistic photography because it allows me to show my different states going from the most dramatic to the sexiest.

***What is your best virtue?***
Concern for the welfare of others, especially those around me.

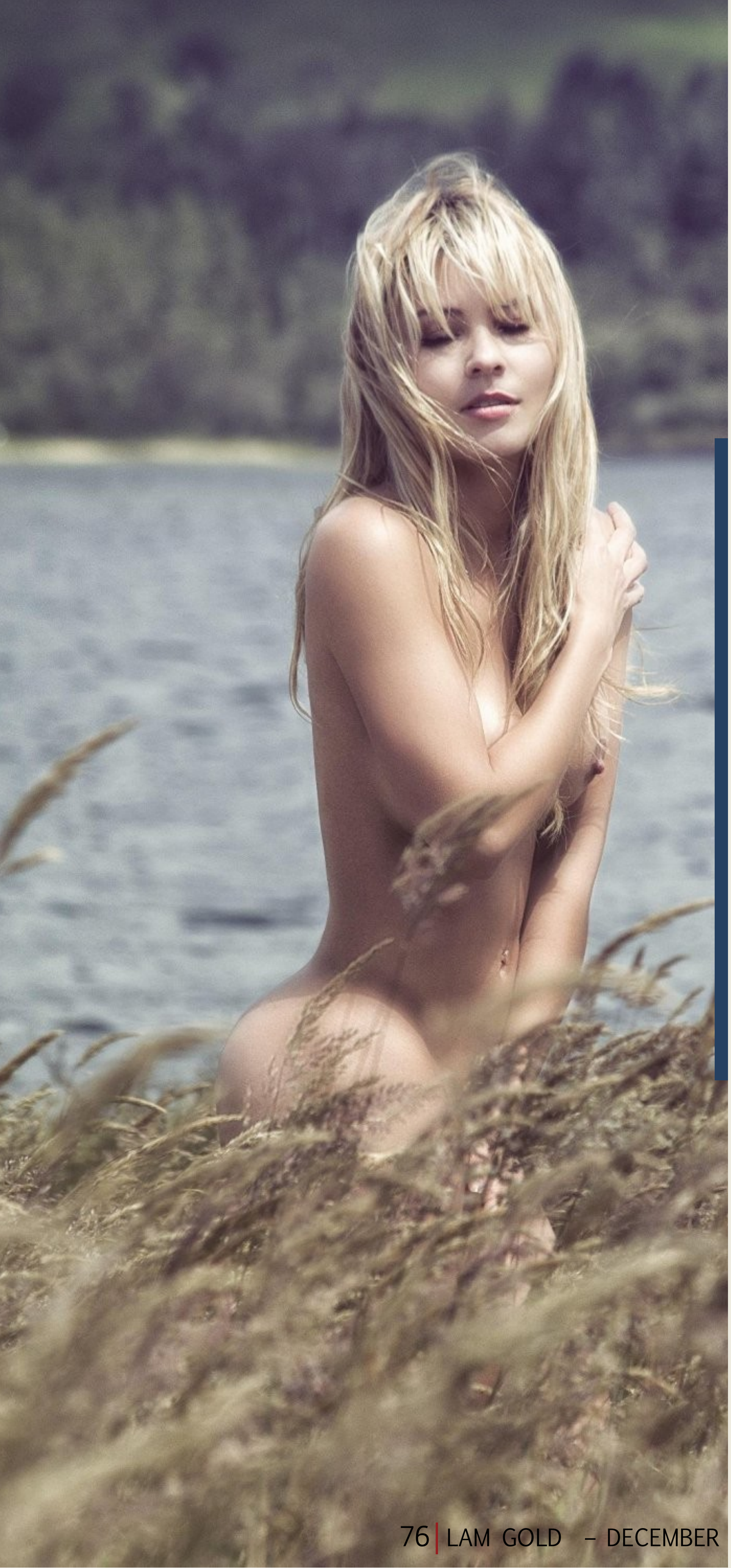
***What can't be missing in your closet?***
A hat.

***How would be your perfect romantic evening?***
A good wine (preferably white), lots of rain, thunder, a soft blanket ... and a comforting caress.

***What kind of men do you like?***
A man who fights for what he has, that doesn't conform and that they like animals.

***Do you look at the physical o do you look for something more in a man?***
Which woman doesn't like a man with a beautiful smile and who smells nice: the rest of the physical comes in addition. Most important, he should be sensitive, supports me and we can both grow together.

***What is your ideal type of man?***
Gentleman, ambitious, funny and good character. A loyal, caring man, meticulous, open-minded and caring for his personal image.



***And what are your weapons to seduce him?***
The shape of my eyes because when they look at him, they speak.

***You have many virtues, but any defect*?**
I keep all the problems but at the end of a long time I explode and I usually wound a lot with words.

***What part of your body do you feel the most proud about?***
Of my cheekbones.

***Have you ever felt uncomfortable with a compliment or situation?***
(Laughs) I send the compliments: more in a situation. One day at an outdoor photo shoot very light in clothing I noticed that there were several men taking pictures with their phones and I really felt very uncomfortable.

***We want to know··· How can we conquer a precious woman like you?***
I love when they make me laugh but I don’t like clowns, I prefer a man who inadvertently makes his own antics. He has to be ambitious, loyal, fight for his goals and share mine, have an open mind, be my friend, my boyfriend, my lover and my confidant.

***Tell us some secret that you have and can tell us about it.***
One night sharing with my best friend, who does not drink much, after a few glasses of wine, she fainted: The ambulance arrives and she barely saw the nurse and began inadvertently, to flirt with him and talking incoherencies. To this day she still does not remember what happened... but I admit it: He was very hot.

.

***In love, how do you define yourself?***
Passionate and devoted.

***Which is the part of your body that gets you from 0 to 100?***
My eyes.

***Do you like to take the reins on a relationship?***
I like the most to be independent and that the two of us can come to an agreement. I'm the kind of woman that likes to push without exhausting my partner.

***And in bed?***
I like to take them but after a while I love getting them taken away.

***Undress yourself or get undressed?***
Undress myself so I can see his face.

***Any fantasy left to accomplish?***
In a white beach and my body covered in oil.

***What are your plans for the future?***
One day I would like to be an actress. I'm taking acting and English classes. As much as in Colombia as in the outside it is necessary to act in another language: one never knows the occasions that life can present you with.

# PHOTOGRAPHER

DIRECTOR OF PHOTOGRAPHY
LATIN AMERICAN MODEL
LAM GOLD
LAM TV

# OSCAR

## GRAU

*By: Oscar Grau*

# SABRINA WOLP

This time we bring you a model of great beauty, Brazilian and winner of multiple beauty contests.

***Talk to us about yourself. How do you define yourself?***
I am an intelligent woman, calm, confident, balanced, observant, and of a good mood. When I'm friends, I'm really myself. But when I don't like a person, I also make it very clear. I'm very real. I am a person who has a pure and light heart.

***How is to be a Miss?***
A Miss is not just physical beauty, the beauty of a Miss has to come from the inside to out. The physical must be a reflection of the soul. The Miss is an ambassador of the beauty of her country. We do social projects, visit orphanages to send a message of love and hope for them. The Miss has a reign for a year, and with an agenda full of activity. And she is very careful with her physical beauty and with her mind. It's not so simple to be a Miss.
What are your measurements?
90-60-91 and 1,71 tall.

***What kind of photography do you feel most comfortable with?***
I like to make sensual photography, fashion, beach...

*What do you always carry in your purse?*
I always have my amulet of good luck, money, and my phone; plus sunscreen, and candies (laughs)

***What can not be missing in your closet?***
Elegant, classic things. I like to have unique things, things that the rest does not have.

***How would be your perfect romantic evening?***
A perfect night for me? I have one for summer and one for winter. The summer on in a deserted beach in a full moon night. And the winter in a snowy place, and drinking wine in the heat of a fireplace listening to romantic music from the 80s and 90s. But with a special man, of course.

***What kind of men do you like?***
Romantics. I like the faithful man, elegant and with word. A Sagittarius or Scorpio sign man. I like men from 34 to 47 years. But age is not the most important thing, I pay a lot of attention to the mind.

***Do you look only the physical o do you look for something more in a man?***
A man's physique is not the most important thing to me, but I like a man who takes care of himself, because I do not like being next to a man who has no love for himself! But I am the type of woman that I am very observant, I listen a lot about what the man speaks and shows his heart. I also observe a lot of behavior as well.

***And what are your weapons to seduce him? I have many, use all! But it depends on the man*.**
There are men today that are not worth for talking with and losing energy (laughs). But I use my mouth and my eyes a lot to seduce him. I also drive them crazy with my conversation. I consider myself a bit intelligent and I think a lot before speaking. Men do not want only women with a pretty face.

**You have many virtues, but any defect?**
I am very anxious and I am very stubborn. I'm a Taurus woman (laughs).

**What part of your body do you feel the most proud about?**
I really like my ass and my mouth, inherited from my mother.
**We want to know··· How can we conquer a precious woman like you?**
It has to be true, a simple person at heart, and that makes me laugh, that likes the simplest things in life.

**Tell us some secret that you have and can tell us about it.**
**I am an insatiable woman.**
**In love, how do you define yourself?**
I am a romantic, deep, affectionate, friendly, and loving woman. I am a very faithful woman.

**Do you like to take the reins on a relationship?**
Yeah right! It's fundamental.

**And in bed?**
I am a storm (laughs). I'm so hot.
In my house my man does not sleep (laughs)
**Undress yourself or get undressed?**
I like getting undressed...
**Any fantasy left to accomplish?**
**Yes, many!!! But soon I will do all of them.**

**What are your plans for the future?**
Lots of business projects and having a family too.

Photo: Carlos Eduardo Esguerra – Model : Andrea Ballesteros

# Masturbation, that delicious sexual incentive!

By: José Vidal

There are plenty of reasons to have that special moment of personal sex.

A solo orgasm; The remote control available to give you zapping with special erotic emphasis and music that ambience the moment; Dance naked through the house performing the worst steps or singing loudly the most shabby song that not even your best friend knows that you love without anyone seeing you. An orgasm provoked by yourself releases you and fills you completely because you wanted it: you crave it and you desired to have it.

It took a lot of time and enough information for masturbation to finally be considered a wonderful possibility to nurture our sexuality with pride and ease, after being branded as immoral and perverse. Even for some, it is still taboo to take pleasure on their own. You also know that, because it is a very intimate act, it is the right thing to do it in private.

The benefits are many, such as recognizing us sexually, releasing tensions, relax, sleep better ... but really what is the reason, why we crave masturbating?
If it's been too long without having sex with someone else. If we are somehow sexually active and there are times of drought to which we are not so accustomed, the need and the desire to feel that extraordinary detonation leads us to autoerotism as an option while we meet again with the delights of another body.
When we are surprised by an erotic scene of some movie that is not exactly porn.

There you are, in front of the TV, and suddenly the protagonists give themselves love with explicit details that it is impossible for them to go unnoticed before our eyes and instincts; So, like the one who does not want the thing, a touch here, a caress there and, zas, your hand makes divine justice.

During the shower relaxing and unhurried. That liquid soap that you bought for its delicious aromatic elements and that, besides, it smells delicious, it slides on your body taking advantage of every drop of the sophisticated product; No doubt, you are enjoying a new ritual under the shower, so you think that the delight can go further why not ?, you give yourself pleasure wrapped in that exquisite environment that you deserved after the hard and long working day ... This confirms that this kind of eroticism should not only concern women.

You get recommended a book in which eroticism is the main ingredient. So the reading also leads you to give shape and color to a steammy scene and your impulses come up without that being the objective when reading that story.

That girl that you like so much and that with her you have not passed the greeting and a candid kiss on the cheek. Well, that's enough for you to close your eyes in bed and release your desires by imagining that you do who know what many things with the woman of your (wet) dreams in turn.

In sexting it is inevitable to masturbate. Everything can start with an innocent "goodnight, baby", so that an exciting conversation with your girl, with whom it was not possible to have sex that night; Whether she or you provoked the burning textual idyll and so they go as half-heartedly to get you out of that lonely evening. You woke up with that wonderful and natural erection. Then, since you still have 10 minutes left before throwing yourself into the clutches of responsibilities, take the opportunity to indulge that portentous phallus and incite the climax to get up with the energy to face the day.

Orgasms are of all kinds, but the one your whims detonate is one of the most powerful and virile you can give yourself. And you, what other reason did you have to give yourself pleasure? Share them.

Orgasmos hay de todo tipo, pero el que tus caprichos detonan es uno de los más poderosos y viriles que puedas regalarte. Y tú, ¿qué otra razón has tenido para darte placer? Compártelas.

By: ALFONSO BUSTOS

# NADIA ESPAÑA

**How do you define yourself?**
I consider myself a very serious person, especially in my work which I like to have always perfect and taken to the millimeter. I'm very sincere, funny, enthusiastic, joker, restless, lover of the dance, music and reading, with a great will towards everything that I undertake, generous, sweet, perfectionist, sometimes perhaps too much and on the other hand I consider that I have a strong character and often very direct and hard.

PHOTOGRAPHER

# ALFONSO BUSTOS

**What are your measurements?**
90, 61, 91

**What kind of photography do you feel most comfortable with?**
I really feel comfortable doing any type of session and it is that for me each one is different. I am passionate about the challenges and I never say no to anything that a good professional asks me to do that he knows how to guide you and how to work with you.
If I have to settle for one or several styles with which I especially like to work those are Boudoir and Fantasy; That photography that tells a story and in which you are one or several characters totally analogous within the same session.

**How did you get started in this world?**
It all started unexpectedly.
I met a great photographer and person, now a very good friend of mine from my own city (Pedro Valero Ballesteros) at the Sports Center where I was working at the time and proposed me to do a Boudoir session since he needed to advertise this type of photography for his Studio and required a girl with my physical characteristics.
After realizing it everything just came to be and I began to get called by different photographers from all Spain and here began this adventure which, every day I am more happy to be able to enjoy, and with which I'm learning many things and in turn, which, Is allowing me to meet many unique professionals, both photographers and models.

every day I am more happy to be able to enjoy, and with which I'm learning many things and in turn, which, Is allowing me to meet many unique professionals, both photographers and models.

**What is your best virtue?**
My spirit of sacrifice and fight.

**What do you always carry in your purse?**
A hairbrush. For me it is a must.

***What can not be missing in your closet?***
Some jeans.

***How would be your perfect romantic evening?***
I already have it every night with my partner Guillermo: get together at the end of the afternoon, an aperitif, some music, a good conversation and a dinner in an intimate place, small... breakfast will depend on the energy spent...!

***And what kind of men do you like?***
My boy is the clear description of the prototype man I like.
Swarthy, very virile, strong build, dark eyes, fleshy lips, and affable, sincere, funny, joking, and especially good at heart and with his head set in both life and in relationship and work.
A man capable of facing difficult situations despite adversity, as well as attentive and upright.

***Are you one of the women who look only the physical or do you look for something more in a man?***
For me play many factors, but the main thing is that the person is of noble heart, has a very marked personality and knows how to take the reins of his life. This on an emotional level is imperative.
The physique always plays an important factor since, in my view, there has to be a strong physical attraction for things to flow and function even if it fits in a more special way.

**Your ideal type of man?**
Mi partner Guillermo, without a doubt.
**Your weapons to seduce him?**
Just one look.
**You have many virtues, but any defect?**
Yes, my strong character.

**What part of your body do you feel the most proud about?**
I really have many, but I have to settle for two despite the question, and they are my chest and abdomen.
**Have you ever felt uncomfortable with a compliment or situation?**
Yes, more than once ... not always these compliments are nice or who performs them is out of tune.

**We want to know··· How can we conquer a precious woman like you?**
In the previous points is perfectly described and is that the man I wanted as a life partner, has already done it in the most beautiful way in the world, and this is to have shown me and delivered his heart in its full essence.
**Tell us some secret that you have and can tell us about it.**
I do not keep secrets that can be known, I always keep the most intimate secrets that only I and mine know.

**In love, how do you define yourself?**
Devoted to 200% in body and soul. I love without expecting anything in return, and if they correspond to me, it's

**Which is the part of your body that gets you from 0 to 100?**
My chest.

**Do you like to take the reins on the relationship?**
Yes, but of course on many occasions I like it to be my partner who also takes them. I like the reins to be shared.

**And in bed?**
50%-50%
**Undress yourself or get undressed?**
Of course my partner undresses me.

**What are your plans for the future?**
I really don’t think anyone can know what their future will be or how their lives will be in the long term, but if I believe that the more things you build and forge through your life, the more chance you have of having the life that comes closest to that vision, your vision of the future.
For now I continue with my work in the Pilates Studio where I teach.
I am dancing at a Dance Company in Madrid and soon we will premiere a show called "Les Follies" at the Teatro Alfil in Madrid.
Dance has always been my life, my profession and I want it to continue to be as my dedication has always been full on her.
On the other hand, my passing through the modeling world, I want to gradually define itself day by day and in turn, I want to continue to carry out these beautiful works and projects that make me grow as a model and professional in this difficult but precious world.

# COOKING

# ...with the best style!

# JORGE ENRIQUE MARTINEZ

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## DIE SALZKATHEDRALE VON ZIPAQUIRÁ KOMMT INS KURIOSITÄTEN-IMPERIUM

Mehr als 60 Jahre nach seinem Tod lebt immer noch das Vermächtnis des großen amerikanischen Unternehmers Robert Ripley. Als weltweit anerkannte Autorität des Unglaublichen stellt das Unternehmen seine immensen Archive des Ungewöhnlichen in Form von Büchern, Fernsehprogramme, Produkten, Museen und dem gesamten Unterhaltungs-Potpourri rund um den Globus der Öffentlichkeit zur Verfügung.

Miami is the city chosen to recognize this wonder of Colombian architecture, by the brand's Believe It or Not! which spans all media formats with antenna TV programs that give around the world, a website prestige and massive presence in social networks. More than 10 million people bought books and annuals Ripley Entertainment.

"Our next book Ripley 2017's will be one of the most fascinating publications, all of which have been published so far, since the first edition in 1929. Not only is a recognition, we will make known the Salt Cathedral to world through our

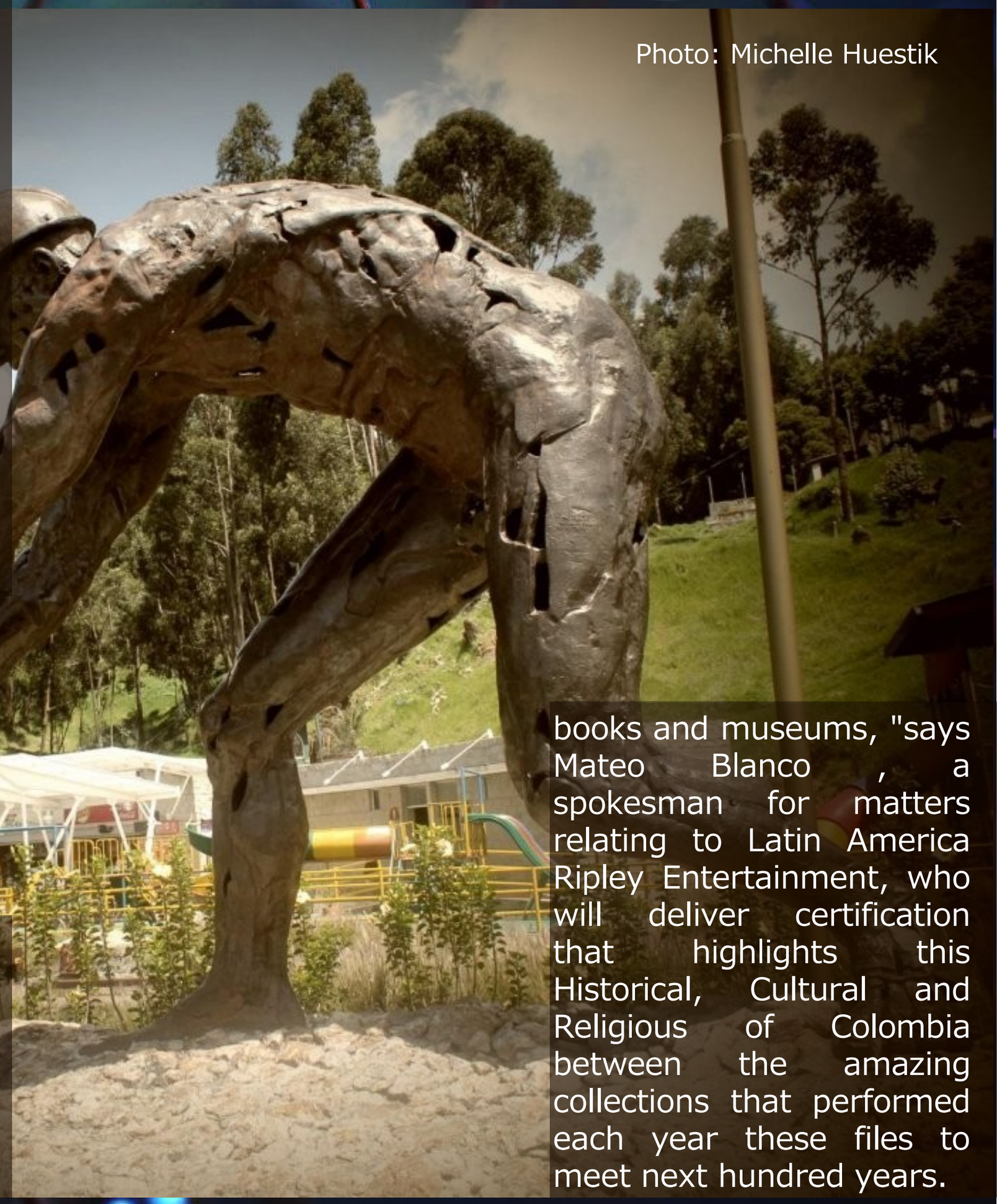


Photo: Michelle Huestik

books and museums, "says Mateo Blanco , a spokesman for matters relating to Latin America Ripley Entertainment, who will deliver certification that highlights this Historical, Cultural and Religious of Colombia between the amazing collections that performed each year these files to meet next hundred years.

“On our trip to Colombia , Mateo Blanco adds, we are characters , stories , objects and wonderful places like the Salt Cathedral of Zipaquira. But the most wonderful is its people. We want to educate in a fun way and most importantly, show the world how great it is Colombia, always conveying a positive image of this country and its people. "

For its part, the mayor of the municipality and Chairman of the Board of Salt Cathedral of Zipaquira, Luis Alfonso Rodriguez Valbuena, said: " The most recent pronouncement of the conglomerate Ripley Entertainment, announcing the inclusion of our beloved Salt Cathedral of Zipaquira, first Wonder of Colombia Tourism in publications Believe It or Not! "THE EVOLUTION OF THE MARK Ripley Entertainment takes about 98 years leading the family entertainment sector. The daily cartoons Believe It or Not! Ripley that catapulted to fame in 1920 continue to be published in hundreds of newspapers in nearly 40 countries and dozens of languages. While its 32 museums Ripley's Believe It or Not! housing a collection of rarities, spread across the globe and have entertained about 100 million people since 1933.

Photography: Michelle Huestik

Yearbooks and books Ripley's Believe It or Not! fascinate millions of children today, just as the bullets captivated generation of his grandparents during the Great Depression.

Robert Ripley moved the world famous brand Believe It or Not! radio, television, movies, books, licenses and Odditoriums, a genuine rule of the unusual, bizarre and unbelievable.

The event is this Sunday at 11 am, at the Fair Colombia Trade Expo Miami 2016, at the stand of the Salt Cathedral. The mayor of Zipaquira, Luis Alfonso Rodriguez Valbuena, and Raul Alfonso Galeano, Manager Salt Cathedral, receive from the hands of **Mateo Blanco**, representative of Ripley, the certificate that highlights this important monument of Colombians books Believe it or Not! 2017.

Photo: Michelle Huestik

THE EVOLUTION OF THE MARK Ripley Entertainment takes about 98 years leading the family entertainment sector. The daily cartoons Believe It or Not! Ripley that catapulted to fame in 1920 continue to be published in hundreds of newspapers in nearly 40 countries and dozens of languages. While its 32 museums Ripley's Believe It or Not! housing a collection of rarities, spread across the globe and have entertained about 100 million people since 1933.

Photo: Michelle Huestik

# POTATO TORTILLA AND VEGETABLES

Ingredients for 4 people
300g Pastusa potatoes
1 red pepper
50g pea
4 eggs
Salt and pepper, veg-oil
2 cloves of garlic
1 medium onion

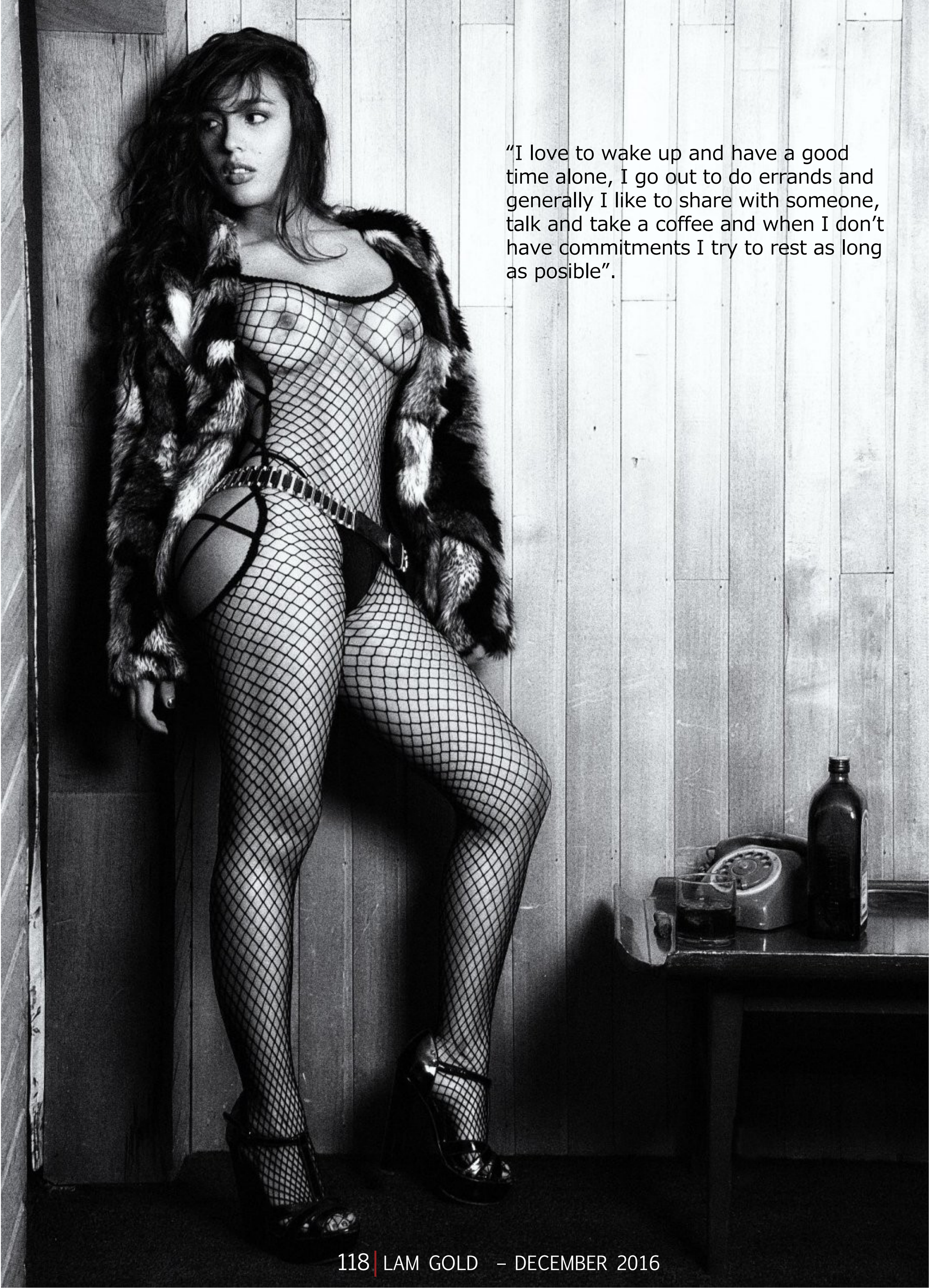
PREPARATION For cooking the potatoes put hot water in a pot, peel the potatoes and cut into salads.

Cut the onions and red pepper into julienne strips. Put the potatoes in the boiling water and add a little salt. Cook together with the peas for 8 minutes over high heat. Sauté the onion, red pepper and garlic in a frying pan. Preheat a pan with a little bit oil. Beat the 4 eggs in a soup plate or cup and add a little salt. Add the beaten eggs in the pan with hot oil, immediately add the onion, pepper (sautéed) and potatoes and peas to the egg mixture.

Cover the pan and cook on low flame to taste. Remove it from the pan and portion, serve and garnish it with sauce of your choice and a sprig of parsley.

By: Carlos Eduardo Esguerra

# ANDREA BALLESTEROS



“I love to wake up and have a good time alone, I go out to do errands and generally I like to share with someone, talk and take a coffee and when I don’t have commitments I try to rest as long as posible”.

# CARLOS EDUARDO ESGUERRA

PHOTOGRAPHER

# ...A little more about me

“Since I was a child I participated in some eventual popular runways, I used to play to be a model and when I was 16 I was proposed to make a runway for a clothing brand, that’s when my experience started.
My favorite model is Marilyn Monroe, she inspires me, not only her model facet but her inspiration when she’s acting, her style and her authenticity.
I want to finish my professional career as a journalist, consolidate myself, continue to grow and learn from theatrical art, and also in the presentation.
In this moment I’m planning my inversions because I want my own business.
The field that I most like to be is in theater, because it let me be light with myself, transmit and relieve--- there I feel free. I like to dress with jeans, converse, boots and leather jackets, simple and comfy.
When everyone is happy, I’m happy.
The Oriental food is my favorite.

# LAM GOLD

## MAGAZINE

CASA EDITORIAL

LATIN AMERICAN MODEL 2015 ©

www.lamgold.com

# WORKSHOP OF PHOTOGRAPHY

## SENSUAL AND ARTISTIC NUDE

With:
OSCAR GRAU & ALFONSO BUSTOS

Photography: Oscar Grau – Model: Sonia Santacruz

On the past September 23rd, 24th and 25th, photographers Oscar Grau and Alfonso Bustos met in Madrid to give a photographic workshop where both explained to a great assistance how they do their work in the mentioned disciplines.

In the morning, Alfonso Bustos explained his work based on the artistic nude, developing several sets of lighting to work with the magnificent models Nadia España and Sonia Santa Cruz. At the same time that the different lighting styles were explained, the attendees were able to make their photographs, so the workshop was totally interactive and the fruit of the same was totally satisfactory.

As an essential complement to a good result, we counted on the magnificent work of Pilar Torreblanca that at all times was pending the makeup and hairdressing.

Attendees also raised their ideas to make the workshop more dynamic and they were taught with something as important as the management of poses.
During the meal questions were tackled and it served to change the set, as the rest of the workshop would be done outdoors.
This part of the workshop was given by Oscar Grau, forming two sets of work with these models and explained the main features and resources needed to perform outdoor photography... only thing to say is that, unlike the morning, all the attendees had more facilities to move freely around the chosen environment and under the supervision of Oscar Grau were making beautiful photographs.

As a final result, attendees proudly displayed their results in a relaxed atmosphere and a fully satisfactory sharing.
On Sunday morning, both Oscar Grau and Alfonso Bustos explained their workflow to edit some of the photos taken the day before ... explaining in detail how they edit and what resources they use to get a final image that fully reflects their personal photographic styles.
Attendees thanked all the information received, ensuring that their participation in the workshop had exceeded their initial expectations and are already waiting for the next!

Photography: Alfonso Bustos – Model: Nadia Espa

Photography: Alfonso Bustos – Model: Sonia Santacruz

Given the degree of satisfaction of the results, in the near future Oscar Grau and Alfonso Bustos intends to carry out a new workshop together, although the dates are not yet defined.
If anyone is interested in attending these upcoming workshops, you can contact both Oscar Grau and Alfonso Bustos, being the easiest way through Facebook or through the offices of LAM GOLD.

Photography: Alfonso Bustos – Model: Nadia España

Photography: Oscar Grau – Models: Nadia España & Sonia Santacruz

Photography: Oscar Grau – Model: Sonia Santacruz

Photography: Oscar Grau – Models: Nadia España & Sonia Santacruz

Photography: Oscar Grau – Model: Nadia España

**SPECIAL**

Por: Andres Reina A.

# Lady Noriega

She is always reinventing herself.
Latin fire and flavor!

Photography: Andres Reina A - Image: Marcela Suarez - Dressing: Trajes de baño Perlina by Liliana Palacio

PHOTOGRAPHY

# ANDRES REINA A.

Lady Noriega has always been the Diva, her colors in the wardrobe, her makeup produced and her stylized gestures and full of elegance, have made her one of the most important women in Colombia in the field of television and modeling; From queen to the present day as a great actress, has given herself the luxury of doing what she wants, always puts love and energy in her work. She recovered her beauty thanks to the love of her surgeon husband, and now thanks to love, she feels younger than ever and more confident.

Constant discipline is her motto, she knows that life is not easy and that everything is done under the will of God. Envy for some and adoration for others, a female icon who came to give a turn to the television and the press with her extroverted way of being.

For LAM GOLD it is a pride to have her on the cover, rediscovering her sensual side, her daring side and a little double entender, The Lady Noriega that never ceased to be, that has always been and will be forever, Eternally Diva!

***How did you enter the world of television?***
I was taking classes with the teacher Ruben di Pietro and he told me that there was a casting to be an antagonist of a series that had already been on the air for 2 years, so I prepared for the casting, after several tests, I was chosen to enter to Fiebre (Fever)! That was a serie where there was a lot of action next to Juan Pablo Shuk, that was my first job as an actress.

***What does sensuality mean as a word in your life?***
Sensuality is something natural, it is a necessary ingredient in the conquest and the cause that many of us have been born.

***What words define you as a woman and why?***
Loving, fighter, protective, persistent, dreamy, that's me.

***Any secret to having a beautiful and healthy body?***
The nutrition, the exercise, the care of the skin and the hair, to love oneself.

***How can we conquer a woman like you?***
Being spontaneous, cheerful, intelligent, affectionate, respectful, passionate, hardworking.

***We know that you are married to the renowned surgeon Rodolfo Chaparro, an artist in every word, great professional. How was the process of falling in love with each other?***

Well that was like God's plan to join us, I was having a hard time with my health and he was the doctor who helped me to recover, it was not an easy time and he was not only my doctor, but we became good friends , confidants and we fell in love in the middle of all that.

***What seduced you about him?***

How he dances, smells, his ways, his tastes in music and reading, he is beautiful and intelligent, we have many things in common being very different personalities and we understand each other very well.

***Is it true that a great pair of high heels and a good perfume make one fall in love?***

They can be of great help if they are at the right time

***We know that you are in the new soap opera on Caracol TV, "Cuando vivas conmigo", what character do you play? Any advance?***
Yes (laughs) I can tell you that my character is called "La Musa" (The Muse) is in prison so she is not a holy dove and in her story with Arminda there is friendship, complicity, betrayal and revenge!!
***What decision do you take to pose, to pose again so sensual in these beautiful photos?***
Well, I feel safe and comfortable with my physique, and Andrés Reina, my photographer and special friend, is someone I feel comfortable with make them, and my husband loved them.

***What is coming for your life?***
Music!! A lot of music!! We have a new musical theme "Paloma Negra" (Black Dove) with the great arrangements of the group Sinergia talented guys from Medellín professional musicians, arrangers with whom I am very grateful for their complicity in this work, the support of Jon Ramos as promoter and musical representative, and The record label JM World music, who are responsible for putting it on all musical platforms, and it also comes with two super party remixes by Dj Aero, new talent in electronic music! It is a full team to carry out these dreams and share them with the beloved public.

***A final message to the readers of the international magazine LAM GOLD?***
May they live grateful to God for all that is wonderful to live, that in difficult and painful moments we learn to trust in Him and to know ourselves and to know what we are capable of, and to never stop fighting to fulfill our dreams.
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# LAM GOLD

## MAGAZINE

CASA EDITORIAL

LATIN AMERICAN MODEL 2016 ©

www.lamgold.com

By: José Rodríguez Sanabria

# BOGDANA TERMITSKAYA

***What are your measurements?***
1,68 m tall.
90-60-89
***How do you define yourself?***
Lover of the challenges, enterprising, brave... A simple woman, quite traditional.
***How did you get started in this world?***
I had to get ahead in a country at war, normal jobs are low paid. I had to get my living. I did a casting, they picked me, and that's how it all started. I even posed for Playboy Live**.**

***Mainly you do nude photography. Do you feel the most comfortable with that or do you prefer some other type?***
It is the most demanded, it does not bother me to undress, it is part of my work.
***What is your best virtue?***
Humility. I'm a simple girl.
***What can not be missing in your closet?***
Good lingerie, I like to use it not just for the photos.

***How would be your perfect romantic evening?***
A dinner with my boyfriend, candles, music, and end up making love and sleeping hugging each other all night.
***What kind of men do you like?***
Seductive, affectionate, faithful. Somewhat older than me, but not much. He should be fit.
***What are your weapons to seduce him?***
My smile, and my eyes, also the rest of the body accompany as you can see.

PHOTOGRAPHER

# JOSE RODRIGUEZ SANABRIA

***Do you have a partner?***
Yes, and I'm fine with him. He accompanies me to the sessions, and understands my work perfectly. He supports me in everything.

***You have many virtues, but any defect you may have...***
I'm very shy, even if it does not look like that in the photos***.***
***What part of your body do you feel the most proud about?***
My breasts, they say they are very beautiful, and also natural.

***We want to know··· How can we conquer a precious woman like you?***
Well, someone who sees me as a woman, not as an object of desire, that treats me well, takes care of me, and especially that understands me.
***In love, how do you define yourself?***
Affectionate, sweet, sincere. When I fall in love, there is nothing more important to me.
***And in bed?***
Passionate, but sweet and affectionate.
***Which is the part of your body that gets you from 0 to 100 with just one touch?***
The clitoris.

***Undress yourself or get undressed?***
To get undressed, sometimes slowly, sometimes fast at an improvised place.
***Any fantasy or dream left to accomplish?***
To travel all over the world, but if possible without work.
***What are your plans for the future?***
To succeed as a model, form a family, have children, and be able to retire soon, so I can enjoy life.

EL MAL NO NECESITA INVITACIÓN

# DIABÓLICO

CONTENT MEDIA CORPORATION PRESENTS "THE DIABOLICAL" A CAMPFIRE PRODUCTION OF AN ALISTAIR LEGRAND FILM ALI LARTER ARJUN GUPTA MAX ROSE CHLOE PERRIN KURT CARLEY WITH MERRIN DUNGEY AND PATRICK FISCHLER
CASTING BY LINDSEY KROEGER, C.S.A. COSTUME DESIGNER MICHELLE THOMPSON PRODUCTION DESIGNER MONA NAHM SPECIAL MAKE-UP EFFECTS BY JASON COLLINS & ELVIS JONES MAKE-UP BY SHELLEY RUCKER MUSIC BY IAN HULTQUIST EDITED BY BLAIR MILLER
DIRECTOR OF PHOTOGRAPHY JOHN FROST CO-PRODUCER JOEL HENRY EXECUTIVE PRODUCERS JAMIE CARMICHAEL KEVIN IWASHINA PRODUCED BY ROSS M. DINERSTEIN WRITTEN BY ALISTAIR LEGRAND & LUKE HARVIS DIRECTED BY ALISTAIR LEGRAND

CONTENT

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CINE COLOMBIA

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VANITY FAIR

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RICHARD LAWSON

BBC

"★★★★★"

VARIETY

"¡LA PELÍCULA IMPERDIBLE DE LA TEMPORADA!"

OWEN GLEIBERMAN

RYAN GOSLING EMMA STONE

# LA LA LAND

## CIUDAD DE SUEÑOS

DEL DIRECTOR DE WHIPLASH - MÚSICA Y OBSESIÓN

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## SPECIAL

SONIA SANTACRUZ

DIANA SOKOLOVA

JEANNETH BARRETO

ANDREA BALLESTEROS

## WORKSHOP PHOTOGRAPH

IN MADRID - SPAIN WITH

OSCAR GRAU & ALFONSO BUSTOS

## SEX

MASTURBATION, THAT DELICIOUS SEXUAL INCENTIVE!

**A Colombian beauty in private with Carlos Eduardo Esguerra**

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